



October 2015

Volume 92 No. 1

New Club Officers Installed During Festive Evening



Lt. Governor Paul Kelley presents incoming President Susan Sheehy a collection of her father's Kiwanis Pins

In a festive evening bash, club officers for the new year, 2015-2016, were installed by Lt. Governor Paul Kelley of Windsor on September 22 at the Villa Annex.

Taking the gavel from outgoing co-presidents Jan and Dan Gianni was Susan Sheehy, who will serve as president for the year. Serving with Susan will be Randy Collins, vice president; Liz Bippart, secretary; project treasurer Ron Doble; administrative treasurer Brian Wells and Jan and Dan Gianni, immediate past co-presidents. Completing two years of service were retiring board members Jerry Strong, Judy Everett, Rick Norman, and Loretta Strong. New Board of Directors members installed for a two year term were Rick Anixter, Rich Thomas, Rick Norman and LeRoy Steck. Current members remaining on the Board for a one year term are Debi Doble, Andy Smith, Chase Conley and George Diebold. Other retiring officers honored were Phil Luks, secretary, and David Sharer, project treasurer.

Outgoing co-president Jan Gianni in her final remarks, reflected on a busy and fun year with the highlights of her term as co-president: The 100th Kiwanis anniversary and the trip to the convention in Indianapolis; The Chamber of Commerce mixer; The induction of four new members; Raising over \$2000 for Project Eliminate, increasing the total raised by our club to over \$12,000.

Susan Sheehy "carries on" for her late father, Robert Young as club president. In her acceptance speech, she focused on her goals: Fellowship – getting to know each other better; getting to know other service clubs and working together. The job description on Susan's name tag is: Imagineer. Event planning is one of her talents, starting with organizing and planning the first High School Graduation Night event while president of the HHS PTA. This experience should serve her well in her new position.

More photos on page 5.

Calendar

Meeting Dates:

Oct. 6: Regular Meeting 12 noon at Villa Annex, Joan Silva – Money Behaviorist, Author, Speaker.

Oct 13: Regular Meeting at 12 noon at Villa Annex. Dr. Lori Rhodes – HHS Principal.

Oct. 15: Board of Directors meeting, 6 p.m. Round Table Pizza

Oct. 20: Regular Meeting at 12 noon at Villa Annex. Madeleine O'Connell at the YWCA.

Oct. 27: Evening Meeting Halloween party and Robert Young Winery

Other October dates: See p6

Oct 11. Brass on the Grass

Oct 17: Rocktober Fest

Oct. 18: Cloverdale Kiwanis Marathon

The Healdsburg Kiwanis Club meets Tuesday noon at the Villa Chanticleer Annex except the fourth Tuesday of the month is an evening meeting, 6:30PM Social, 7:00 PM Meeting.

For information about the Healdsburg Kiwanis Club Contact Susan Sheehy, President at 326-2712 or Liz Bippart, secretary at 227-4314

Kiwanis ----- Serving the Children of the world

LeRoy's Limercks

*Here's to our retiring presidents Jan and Dan.
He quizzed and fined and the meetings she ran.
They promised lots of fun.
We had great times in their run.
So things went pretty much according to plan.*

*Here's to our new president named Sue.
She's already planning some great things to do.
She wants us to do community work.
If we do our part and do not shirk.
I'm sure we'll have great times before the year is thru.*

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Healdsburg Kiwanis Club
Box 1156, Healdsburg, CA 95448
www.healdsburgkiwanis.org

OFFICERS 2015 – 2016

Susan Sheehy, President
Randy Collins, Vice President
Liz Bippart, Secretary
Brian Wells, Admin. Treasurer
Ron Doble, Project Treasurer
Dan Gianni/Jan Gianni Past
Co-Presidents

Board of Directors

Debi Doble
Andy Smith
Chase Conley
George Diebold
Rick Anixter
Rich Thomas
Rick Norman
LeRoy Steck

**Memorial Scholarship
Board of Directors**

Dan Mariviglia, Chair
John (Jack) Brandt
Hunt Conrad
Guy French
Charles Reichel
Ken Scharer
Dennis Stead

The Builder

Harry Jackson, Editor
Arnold Santucci, Sr. Advisor
Richard Iverson, Member

Happy Birthday

Dennis Stead – Oct. 7
Tim Tuscany – Oct. 11
Lucy Lewand – Oct. 21
Sharon Gallagher – Oct.22
Vince Ciolino – Oct. 27
Dan Gianni – Oct. 27
Patti Robarts – Oct. 27
Lee Gunnerson – Oct. 30

Kiwanis Anniversaries

Congratulations to the following members
who joined the Kiwanis Club during the
month of October:

Dolores Whitehall - 10-5-99
Jim Colgan - 10-9-07
Hugo Bauer - 10-15-96
Jesse Whitely - 10-16-10
Dana Burwell - 10-20-92
Liz Bippart – 10-22-13
Rick Wood - 10-23-12
James Lucchesi - 10-30-01
Phil Luks - 10-31-06

The President’s Message

As we of Kiwanis celebrate our 100th Anniversary we look forward to the next century of service to the children of our community and the world. This year to commemorate our anniversary we will oversee, like proud parents, the renovation of the Villa Barbeque Area by Boy Scout Henry Driesling. Funded by our hard earned Kiwanis dollars, this will provide a place for Healdsburg families to gather for years to come. Let’s invite the town to a picnic when it’s completed!

Two new fundraiser opportunities are on the calendar for October: Brass on the Grass (Oct 11) and Rocktober Fest (Oct 17). Kiwanis will fire up the fryers to sell garlic fries and sell liquid refreshments. By the end of the month it will be time to party. Our evening meeting on October 27th will be hijacked and moved to the Robert Young Estate for a Halloween Party with our Cloverdale and Windsor Kiwanians. Come in costumes please!

As most of you know, I joined Kiwanis to honor my father, Robert Young, a long--- standing member of this club. He served this club and community and I want to carry on that good work along with you. We are a big club and there are members we see but don’t really know. My goal is provide opportunities for us to get to know each other better and for the citizens of Healdsburg to know who we are and what Kiwanis is all about.

Carry On!
Susan

City of Healdsburg honors Kiwanis 100th

On September 8, 2015, the Healdsburg City Council read its Proclamation recognizing the 100th Anniversary of Kiwanis International.



Pictured with City Councilman Gary Plass and Mayor Shaun McCaffery are a delegation of Kiwanians with the proclamation

“NOW THEREFORE, BE IT PROCLAIMED that the City Council of the City of Healdsburg hereby expresses its appreciation to all Kiwanis and congratulates Kiwanis International on its 100 year anniversary, and the Healdsburg Kiwanis Club for its service to our community.”



Board of Directors Meeting

Summarized from notes by Phil Luks

The following are actions taken and items discussed during the Board meeting on Thursday September 17, 2015:

Grant requests and expenditures

- No grants or expenditures were approved in September.
- The Board discussed contributing to those suffering as a result of the Valley Fire. In light of the fluid situation and the presence of immediate help, the Board deferred action and asked Sue Sheehy to follow up in assessing the most useful avenues for Club contributions.

Other discussion and action

- Admin Treasurer Wells reported that the approximate net revenues from Brandt's Beach BBQ were \$12,500 and from the golf tournament were \$2,500.
- Denny Stead reported that dictionaries have been ordered.
- Jerry Strong noted that trees had been ordered for the tree lot, with a November 20 date for first tree delivery. Jerry and Rich Thomas have identified a person to open and close the tree lot. A system will be in place to remind members in advance of their required days of work.
- Dick Bugarske reported on the introductory meeting of the Key Club. 82 students have expressed interest and more than 40 attended the introductory meeting. Dick expects a successful year.
- The Board expressed appreciation to our departing co-presidents, Jan and Dan Gianni, and noted how much fun they had brought to our meetings this year.

Meeting Programs

September 1 – LeRoy Steck's Limericks

Healdsburg Kiwanis Limerick Laureate Leroy Steck entertained us with a sampling of his collection of limericks that he has written over the years. Every year LeRoy produces limericks recognizing past present's contributions and encouraging incoming presidents. He read those for the previous 10 presidents and his favorite was for Jerry Strong:

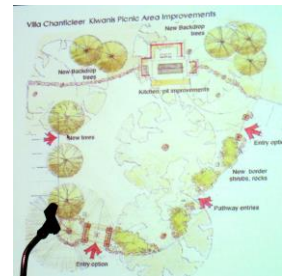
*In a leadership role Jerry was strongly cast.
And after a good year, he is now our president past.
Senior moments there were a few.
But through them all, we always knew
He had vast ideas, well at least half vast.*

LeRoy probably has no idea how many Limericks he has authored, but he has provided printouts containing 69 Limericks devoted specifically to Kiwanis.

Henry Dreiling describes his Eagle Scout Project

Troop 21 Scout Henry Dreiling was a guest at our September 1 meeting. Henry is working on his requirements for attaining the rank of Eagle Scout and in an interesting slide presentation described his Eagle Scout Service Project. The Eagle Scout Service project consists of "planning, developing and giving leadership to others in a service project helpful to any religious institution, any school or your community".

Henry's project involves the much needed renovation of the Villa Chanticleer picnic area. There will be several projects spread over one or two years that will include renovations and repairs to the kitchen and pit, additional grills and landscape enhancements. The project will require "lots of good will: Donations and discounts for materials and labor and lots of volunteers".



September 8 – Melisa Wessel, LENS Neurofeedback

Melissa Wessel, our September 8 guest speaker described the treatment of neurological disorders that she treats by the LENS Neurofeedback therapy.

LENS neurofeedback therapy can catalyze the brain's own ability to rebalance which can be experienced as a reversal effect. It works by performing a standard EEG and capturing and analyzing brain waves which are converted and fed back into the brain for a fraction of a second, interrupting dysfunctional brain wave patterns. Conditions treated include ADD/ADHD, learning disabilities, PTSD, chronic fatigue/fibromyalgia, anxiety/depression, stroke, sleep disorders and mood disorders.

September 15

There was no scheduled speaker for the September 15 meeting.

In view of the current wild fire situation in Lake County, Randy Collins expanded his thought for the day to discuss wild fires and what we should all be doing to protect ourselves. The US Forest Service and Cal Fire have had a long



standing policy to put out all fires. This interference with Mother Nature's normal course has caused unchecked vegetation growth resulting in a build-up of fuel. This, combined with the current drought conditions, has create critical fire danger.

Areas such as Fitch Mountain, with its large amount of foliage, are especially vulnerable to wildfires. Effective actions to protect life and property in a wildfire include:

- Defensible Space: Clear roof and area around home.
- Have an escape plan
- Have an animal evacuation plan
- Make a list of what to bring along in an evacuation.
- Don't wait – evacuate
- Find a safety zone – a place to retreat if escape route is cut off.
- Get involved with fire departments and neighborhood groups.

If evacuation becomes necessary remember the six P's:

- People and pets
- Paper – phone numbers, important documents
- Prescriptions, vitamins and eyeglasses
- Pictures and irreplaceable memorabilia
- Personal computer hard drive and disks
- Plastic – credit cards, ATM cards, cash



Denny Stead appears critical of prize he received for the most correct answers in Dan's trivia quiz
Foss Creek Cleanup

Kiwanians, Rotarians, Key Clubers, Scouts and many other folks gathered on Saturday morning September 19 for the annual Foss Creek Cleanup. In accordance with the standing agreement with Rotary to alternate lunch preparation, this was the Kiwanis year.

Congratulations to the HHS Key Club, winners of the crud cup.



HHS Key Club Crud Collection Team winners of the coveted Crud Cup



Susan prepares lunch while Roger supervises

\$\$Happy/Sad\$\$

LeRoy Speck happy his great grandfather turned 16.

Liz Bippart happy her daughter turned 30.

George Clough – a happy \$10 to observe his 40th anniversary as a Kiwanian. George joined the Campbell Kiwanis in September 1975 and transferred to Healdsburg in 1998.

Roger Dormire happy that he will save money when Dan can no longer fine him.

Harry Jackson happy to have two paintings in the annual watercolor exhibition in Coddington Mall.

Loretta and Jerry Strong happy to donate \$100 to Project Eliminate on behalf of LeRoy Limericks.

Loretta Strong (and all others) happy to have Dee Whitehall back after major surgery.

Installation Photographs



Jan introduces our new president



Incoming President Susan Sheehy presents the president's award for 2014/15 to outgoing co- presidents Dan & Jan Gianni



The new officers: Rick Anixter (board), LeRoy Steck (board), Ron Doble, (projects treasure), Rich Thomas (board), Liz Bippart (Secretary), Randy Collins, (VP), Jan & Dan Gianni (Immediate past co-presidents). Not in attendance: Rick Norman (board)



Lt. Governor Paul Kelley addresses the members



Retiring officers: Loretta & Jerry Strong (board), Dick Bugarske (past president). Not in attendance: Judy Everett (board), Phil Luks (secretary), David Sharer (projects secretary)



Jan pins president's pin on Susan



ART FLIP to be held at The Salvation Army

The Salvation Army Lytton ARC will hold the ART FLIP event on Saturday, November 14, 10:30-1:00. "Local professional artists & crafters are purchasing items from our Family Stores and transforming them into new art pieces for your home, office or garden. These items will be one-of-a-kind unique pieces to be auctioned off at this event."

HEALDSBURG KIWANIS CLUB
P.O. Box 1156
Healdsburg, CA 95448

An important message from the new Christmas Tree Lot co-chair

Fellow Kiwanians, it is that time of year to think about Christmas and your commitment to the club and community. Here are the dates we need help: trees arrive Nov. 24 (we think), Lot set-up days- Nov. 21 and 22 (9:00 am), lot opens Nov. 27 at 10am. We need lots of help on these days. Once the lot opens each member is required to do **THREE shifts up to Dec 24th or the trees are all gone.**

I remind you that the board and full membership passed a resolution stating that each missed shift, or just not showing up, will result in a mandatory \$30 fine used to hire a replacement if necessary. Let's forget the money and all show up and put in our fair share. Looking forward to a Merry Christmas.

Rich Thomas

Kiwanis Fundraisers

- Brass on the Grass at Lake Sonoma Oct 11, 11AM – 4PM. The Kiwanis crew will be preparing and selling dogs and garlic fries. Beer will be provided by Bear Republic.
- Rocktober Fest at Memorial Beach, Oct 17, 1 – 5PM. Our crew will be preparing and selling dogs and garlic fries along with beer and wine.
- Cloverdale Kiwanis Marathon – Oct. 18.